

Ricky Matthews



Raising Money for Charities....

"Those of you that follow my adventures to date will know that I try to do one activity per year for charity.

I have always been very thankful for what I have in my life and feel that if I can do something to raise funds for worthy charities and also increase awareness publicly, then that is a positive thing. As I am now becoming older I realise that my time to "give back" may be more limited.

In terms of charity work, this is the biggest challenge I have undertaken – of course, physically, but also emotionally & financially"

Selected Charity 1 UNICEF for every child

UNICEF fights for the rights of every child, every day, across the globe. UNICEF works in 190 countries and territories to save children's lives, to defend their rights and to help them fulfil their potential. READ MORE

Selected Charity 2 RMHC

Helping a sick child fight their illness takes a big enough emotional toll on a family. Adding a financial strain can make it all almost too much to bear. RMHC helps address those problems. READ MORE

Selected Charity 3 Macmillan Cancer Support

If you or someone you know has been diagnosed with cancer, Macmillan are there to help. Find out what to expect, get information, practical advice and support, hear from experts. READ MORE



THE 123RD BOSTON MARATHON

Begun in 1897, the Boston Marathon is the world's oldest annual marathon and ranks as one of the world's best-known road racing events. This will be the first one, of 6 World Marathon Majors that Ricky will be running on 16th April 2018

Donations for charity

IFA-ASIA are very proud to have fully funded the costs of the runRICKYrun Project.

All money raised is 100% directly to the charities.

We have been lucky to also find other corporate donators to this project, as well as other supporters to assist Ricky as he begins the adventure in Boston in mid-April.

www.runRICKYrun.net



Our Supporters

WITHOUT THEIR HELP THERE IS NO PROJECT

The following companies have provided support in one form or another to Ricky and the runRICKYrun Project.

Kit Sponsor – BROOKS (Malaysia)

Running Advisors – THE RUNNING PLAN (Malaysia)

Events Support - HOWEI (Malaysia)

Financial Support – IFA-ASIA Group











Corporate Donators



MONTREUX CAPITAL MANAGEMENT



PROSPERITY WEALTH

Both of the above entities have donated a sizeable sum to charity on behalf of the runRICKYrun Project.

Are you interested to be a Corporate Donator to the *runRICKYrun* charities? If so, please contact ricky@ifa-asia.com for more details.

For further information on our corporate donators or any other sponsors please go to http://runrickyrun.net/our-sponsors/

Abbots World Marathon Majors.....

Ricky is aspiring to join a list of everyday runners who have completed the Abbots World Marathon Majors to become a "6star Finisher".

Boston, Berlin, Chicago, New York, Tokyo & London make up the 6 "majors"



The Race Schedule 2018:

16th April - BOSTON (US)

16th September – BERLIN (Germany)

7th October - CHICAGO (US)

4th November - NEW YORK (US)

The Race Schedule 2019:

3rd March - TOKYO (Japan)

14th April - LONDON (U.K)



OUR SELECTED CHARITIES:





WE ARE MACMILLAN. CANCER SUPPORT

PLEASE DONATE at the links below:



 $For \ RMHC - \underline{\text{http://support.rmhc.org/site/TR/TeamRMHC-ChicagoMarathon/General?px=1338556\&pg=personal\&fr_id=1350} \\$



For UNICEF - https://www.crowdrise.com/o/en/campaign/teamunicefboston2018/runrickyrun

WE ARE
MACMILLAN.
CANCER SUPPORT

CANCER SUPPORT For Macmillan Cancer Support https://www.justgiving.com/fundraising/runrickyrunasia